



Bullying prevention for schools

What we know

Bullying is an **ongoing** and **deliberate misuse of power** in relationships through **repeated verbal, physical and/or social behaviour** that intends to cause physical, social and/or psychological **harm**

Read the full definition at www.bullyingnoway.gov.au/understanding-bullying

Bullying

is a challenging social issue

should be taken seriously

is dynamic and complex

involves students in varying roles in peer groups

can be reduced and prevented

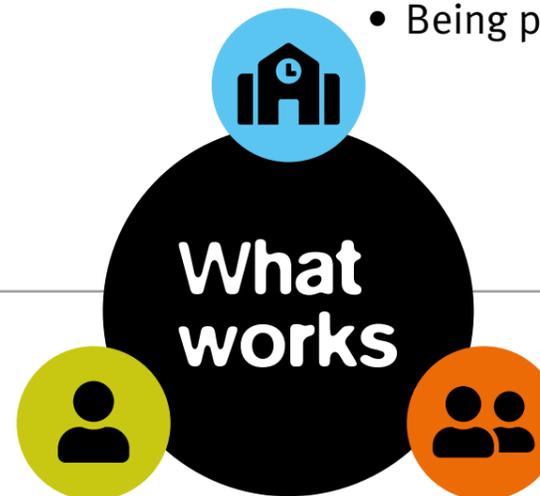
can have lasting negative impacts

requires multifaceted approaches

needs individual and group level responses

Effective practices

- Explicit teaching of **school values** and **positive behaviour**
- Fostering a **positive school climate**
- Integration of **social-emotional learning**
- Proactive support and teaching of **practical strategies**
- **Whole school** and **multifaceted** approaches
- **Involving students and families** in bullying prevention and policy
- Teaching **bystander strategies**
- Being prepared with **effective responses**



Positive teacher-student relationships

- **Respect** for students
- **Shared understanding** of bullying
- Appreciation for **students' perspectives** about their social interactions
- **Consistent, calm and respectful** responses
- A focus on **lasting, positive solutions**

Positive family relationships

- Parenting that is **calm** and **firm**
- **Proactive discussions** at home about bullying
- Learning about **effective responses**
- A focus on **lasting, positive outcomes**
- **Collaboration** with the school